

Park View Junior School

**Personal, Social and Health Education
(PSHE) Policy**
**(including Sex and Relationship
Education, Drugs Education and
Citizenship policies)**

Policy Number – CUR 007

Owning Body – Curriculum Committee

Approval Date – 9 October 2014

Date of Next Review – October 2016

1. Aims and Objectives

Personal, Social and Health Education (PSHE) and Citizenship enables children to become healthy, independent and responsible members of society. We encourage all our pupils to play a positive role in contributing to the life of the school and the wider community. In doing so, we help develop their sense of self worth and an ability to make informed decisions and choices. We ensure that they experience the process of democracy in school through the school council and in-class activities. We teach them about rights and responsibilities, self-awareness and how to be safe in different contexts. They learn to value, respect and tolerate other people, property, themselves and the opinions of others. We encourage a celebration of diversity and individuality.

PSHE includes Citizenship, Rights, Respect and Responsibility (RRR), Financial Capability, Social and Emotional Aspects of Learning, Positive Assertive Mentoring and safety education. Other aspects of personal development learning are covered within Sex and Relationships Education, Drugs and Medicine.

The aims of Personal, Social and Health Education and Citizenship are to enable the children to:

- Know and understand what constitutes a healthy lifestyle
- Be aware of safety issues
- Understand what makes for good relationships with others
- Have respect for others
- Be independent and responsible members of the school community
- Be positive and active members of a democratic society
- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues
- Develop good relationships with other members of the school and the wider community

We use a range of teaching and learning styles. We place an emphasis on active learning within real life contexts. We organise classes in such a way that pupils are able to participate in discussion to resolve conflicts or set agreed classroom rules for behaviour. Circle Time is a key component of the programme. We offer the children the opportunity to hear visiting speakers such as health workers and Community Support Officers.

2. PSHE, Citizenship and RRR curriculum planning

We teach PSHE and citizenship in a variety of ways. In some instances, we teach PSHE and citizenship as a discrete subject such as Drug and Sexual Relationship Education.

Drug Education should

- Help to give children the knowledge, skills and understanding they need to lead confident, healthy and independent lives
- Help them understand how they are developing personally and socially and tackles many of the moral, social and cultural issues that are part of growing up
- Enable pupils to use their skills to develop their knowledge and understanding about drugs

SRE should

- Help children understand that it is lifelong learning about physical, moral and emotional development
- It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care.
- It is also about teaching sex, sexuality and sexual health
- It is best taught within the PSHE programme in line with non-statutory DfES guidance
- Parents have the right to withdraw pupils from those aspects of SRE not covered within the Science National Curriculum, which focuses on the biology of human reproduction. Parents making such a request should contact the Head Teacher in writing.

We believe that our policies enable children to have sensitive issues dealt with within the programme and they will be age appropriate and pay attention to the maturity of those involved. Pupils' questions will be answered sensitively according to their age and maturity

3. The Objectives of PSHE (including SRE and Drug Education) and Citizenship are to enable pupils to:

- Be healthy
- Stay safe
- Enjoy and achieve
- Make a positive contribution
- Achieve economic well-being.

4. Content of the PSHE programme including SRE and Drugs:

- Every pupil has the right to sex education in all areas (gay, lesbian, straight and bisexual)
- Every pupil has the right to express their opinion
- Every pupil has the right to specific information, advice, counselling and support
- In Y6, SRE is introduced through Health Education and science with material provided by the local Health Authority, among other sources. The pupils will watch a programme, 'Living and Growing' with the themes of; Girl Talk, Boy Talk, Let's Talk about Sex, How Babies are Made, and How Babies are Born. They will also play a game of matching the body part to the function and be shown a sample of sanitary protection.

Some of the time we introduce PSHE and Citizenship through other subjects, e.g. Religious Education, in which we promote cultural understanding and share learning experiences.

We also develop PSHE, Citizenship and RRR through other activities and whole-school events, e.g. the School Council representatives from each class meet regularly to discuss school matters, RAG week, Y6 going to PGL, jobs within school for Y6.

5. Management of drugs at school

The School will take the following steps with any drug paraphernalia found on the school premises:

- Needles/sharps: These will be removed by an individual member of staff using thick leather gardening gloves and placed in a 'sharps box'
- Alcohol and tobacco: Parents/carers will be informed and given the opportunity to collect the alcohol or tobacco.
- Illegal drugs: Temporary possession of these should be taken in the presence of another adult. The drug will be sealed in a plastic bag with details of the time and date when found. The police will then be notified. The drug will be kept in a locked cabinet in the school office until it can be collected

Drug use on the premises is not acceptable except in the case of prescribed medication which is known to senior management. This includes:

- Smoking on or around the school premises either during the school day or during evening events.
- Alcohol on the school site during the day
- Alcohol consumed by adults in the playground
- Adults on the school premises who are evidently under the influence of alcohol or illegal substances around the school premises.
- Where school staff suspect that there is transgression of these guidelines, senior management should be informed immediately and a judgement will be made as to whether they should:
 - approach the individual
 - call the police
 - or make arrangements to isolate the individual to ensure the safety of children on the school site. If there is concern that parents collecting a child may potentially place that child at risk the school can, in extreme circumstances, refuse to hand over the pupil. The appropriate services would then be notified immediately.
- If it comes to the attention of staff that children have been smoking or drinking or taking drugs or be in the company, on occasions, of adolescents who are, an appropriate course of action will be decided by a senior member of staff. These could be the use of the school behaviour policy, referral to parents, the police, social services or another external support agency or counselling and support for individual children. A combination of these might be used. Decisions will be based upon the immediate and long-term safety of the child involved and the nature and time of the incidents
- Parental involvement in any discussion is crucial except where the incident is one considered to relate to child protection. In this case the child protection policy should be followed and immediate referral made.

6. Linked policies:

Behaviour
Science
RE
Anti-bullying
SEN
Speaking and Listening.

This policy is to be reviewed every two years.

Signed.

Chair of Governors

Head Teacher

Date